

NUTRITION

Nutrition Minor (13 Credit Hours)

This minor provides an opportunity for the student to develop proficiency in the highly popular field of nutrition. Intended for students of all majors, this minor can be used for personal or professional development. Health professions majors will find this minor particularly beneficial as the health care field continues its focus on an integrated approach to treating the whole person.

Required Courses

Code	Title	Credits
DTC-105	Introduction to Culinary Skills	3
or DTC-250 & 250L	Food Science and Food Science Laboratory	
DTC-210	Food and Culture	2
DTC-327	Nutrition Throughout the Life Cycle	3
DTC-328	Nutrition for Fitness & Athletic Performance	2
DTC-306	Principles of Nutrition	3
or NTR-325	Nutrition and Health	
Total Credits		13