

CLINICAL MENTAL HEALTH COUNSELING

The Clinical Mental Health Counseling Program is designed to meet the 60-credit hour educational requirements for licensure as a Mental Health Counselor in New York State. The graduate program is designed to build a deep understanding and practice of the counseling profession through its foundational and advanced courses in counseling theories, individual/group/family counseling, research and assessment, diagnosis, professional and ethical issues, diversity and multicultural issues, crisis and trauma interventions, and nine-credits of supervised clinical training in the field. The program will prepare students for careers in private and public mental health agencies. Students are required to take a fixed sequence of courses to complete the program in two years. The program has two delivery modalities: a fully distance learning format with courses delivered online (a combination of synchronous and asynchronous courses), and a hybrid format (a combination of select courses delivered online and others delivered in person via a weekend in-person classroom format).